

DISCover Your Team

Learn to Identify Your Team's Unique Style and how to Increase their Performance

Understanding You

Knowing how and why you tend to do what you do provides invaluable insight into understanding your uniqueness and what value you bring to work, home and life.

Understanding the Team

Identifying their Performance Style gives keen insight on how to perform better, specific motivations, and optimizing fitness within the organization.

Communicating Better

By understanding the dynamics of each style, you can improve conversations by reducing hidden obstacles and reduce anxiety to clearly dialog and communicate.

Improve Team Performance, Connection & Engagement

Taking your team's performance to the next level requires a shift in the way you interact with them. By tailoring how you communicate with each team member, you can build new levels of trust, focus and engagement to encourage everyone to increase productivity and enjoyment at work.

What is DISC?

DISC measures observable behavior. Behaviors are considered to be the "how" of your life and are apparent in the things you do and how you act. DISC is the language of people watching, or observing other's actions. Behavioral characteristics are categorized into four dimensions of normal behavior, which are referred to as DISC:

Dominance Influence Steadiness Conscientiousness



Who Would Benefit?

DISC Workshops are designed for Leaders and Teams striving to improve leadership development, team performance, communication, customer service, and increased sales.

Workshop Objective

This workshop is designed to provide you and your team with an engaging and interactive learning experience that will help everyone in the session better understand his/her unique Performance style.



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